



GARDEN FRESH HUMMUS w/ Multi-Grain Crackers

Soy-Free. Sugar-Free. DF. GF. Nut-Free. Vegan. Vegetarian.

What You'll Need:

1 cup plain hummus
2 tbsp olive oil
1 tsp balsamic vinegar
1/2 cup plum/cherry tomatoes, cut in quarters
1/4 cup arugula, chopped finely
1/4 cup basil, chopped finely
1/4 tsp garlic powder
Generous sprinkle of S & P

Mix all ingredients together and serve with CrunchMaster Multi-Grain GF crackers.

Note: For the most health-conscious version of this recipe, use all organic ingredients.